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Camp KEEP Health Preparation for Families

Recommended best practices before Camp KEEP:

- Center for Disease Control (CDC) recommends vaccination for all adults and students over the age of 12.
- CDC recommends parents obtain a negative COVID-19 test for their children, 3-5 days before overnight camps.
- CDC recommends “Camp Quarantine” for 10 days prior to camp:
 - Avoid crowds.
 - Refrain from travel.
 - Only go to essential locations, such as school.

4 weeks before Camp KEEP:

- Turn in all KEEP forms to school
 - Registration Form
 - Parent/Guardian signature required.
 - Attach a copy of health insurance card, if applicable.
 - Attach a copy of vaccine card, if applicable.
 - Emergency Pickup Form
 - Check that all emergency contact numbers are current.
 - Inform emergency contacts of plans to attend KEEP.
 - Parent/Guardian signature required.
 - Student Medication Form (needed for all over the counter and prescription meds)
 - Parent/Guardian signature required for each medication.
 - Doctor signature required for each medication.
 - Physician Authorization Form (not needed for all students)
 - Only for students with specific medical/behavioral needs (including: EpiPen, diabetes, restrictive diet, injections, catheterization, ambulatory limitations, extra supervision, etc.).
 - Parent/Guardian signature required.
 - Doctor signature required.
 - Shadow signature required.

10 days before Camp KEEP:

- Begin Camp KEEP Pre-Travel Health Screening Form.
- Read Packing List & begin organizing gear.
- Get 10 double-layered masks (2/day).

1 week before Camp KEEP:

- Continue Camp KEEP Pre-Travel Health Screening Form.
- Check your child for lice and rashes. Treat if needed.
- Turn-in student medications to school.

Departure day for Camp KEEP (before boarding bus):

- Participate in COVID-19 screening by school staff.
 - Turn in Camp KEEP Pre-Travel Health Screening Form.
 - Parents/guardians and participants answer wellness questions.
 - Participants have temperature check.
 - Participants have a supply of 2 masks/day.