

A Plan to Re-Open

CAMP  
**KEEP**  
Kern Environmental  
Education Program

As prescribed by the CDC, CDPH and CDE  
EMERGENCY OPERATIONS PLAN

Revised 7/23/21



*Kern County*  
**Superintendent  
of Schools**  
*...advocates for children*



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## COVID 19 VACCINATIONS

Studies show that COVID-19 vaccines are effective at keeping individuals from getting COVID-19. Getting a COVID-19 vaccine will also help keep individuals from getting seriously ill, even if individuals contract COVID-19.

The COVID-19 vaccination is an available tool to reduce the risk in public settings while protecting family, friends, and others. According to the Center for Disease Control, everyone aged 12 years and older is recommended to be vaccinated against COVID 19.

COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. That means it is possible a person could still get COVID-19 before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection. People are considered fully vaccinated 2 weeks after their second dose of the Pfizer-BioNTech or Moderna COVID-19 Vaccine, or 2 weeks after the single-dose Johnson & Johnson's COVID-19 Vaccine.

**Camp KEEP will not ask participants for vaccination status or proof of vaccination. The camp will assume that not all participants are vaccinated.**

If a participant is unvaccinated, the following CDC recommendations are in place:

- Before arrival to camp:
  - » Get tested with a [viral test](#) 1-3 days before your arrival.
- After you return from camp:
  - » Get tested with a [viral test](#) 3-5 days after returning home **AND** stay home and self-quarantine for a full 7 days after camp.
    - Even if you test negative, stay home and self-quarantine for the full 7 days.
    - If your test is positive, [isolate](#) yourself to protect others from getting infected.
  - » If you don't get tested, stay home and self-quarantine for 10 days after travel.
  - » Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
  - » Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - » Follow all [state and local](#) recommendations or requirements

Use all the tools available to protect yourself and others until everyone is fully vaccinated.

Camp KEEP will assume not everyone at camp is vaccinated:

According to CDC and CDPH, camp programs with any campers, adult participants, or staff who are not fully vaccinated should layer multiple [prevention strategies](#) to help protect the people who are not vaccinated, which includes all children under the age of 12 years, and slow the spread of the virus that causes COVID-19.

### Key prevention strategies include:

- Promoting vaccination against COVID-19 for eligible staff, adult participants, campers, and their family members
- Correctly and consistently using [well-fitted masks](#) that cover the nose and mouth
- [Physical distancing](#), including cohorting (grouping children together to reduce potential exposures)
- [Handwashing and covering coughs and sneezes](#)
- Avoiding crowded and/or poorly ventilated indoor activities (for example, engaging in outdoor activities whenever possible and increasing [ventilation](#) for indoor activities)
- Routine [cleaning](#) to help maintain healthy facilities
- Staying home if sick or having any [symptoms of COVID-19](#)
- Getting tested for COVID-19 if individuals have [symptoms of COVID-19](#) or are unvaccinated and have been in close contact of someone with a confirmed case of COVID-19.
- [Contact tracing](#) in combination with isolation and quarantine, in collaboration with the state, local, territorial, and tribal health departments
- [Screening](#) testing
- People who are fully vaccinated should follow CDC's [Interim Public Health Recommendations for Fully Vaccinated People](#)

## HEALTH SCREENING FOR SYMPTOMS OF COVID 19

COVID 19 screening is implemented based on guidelines from CDPH and KCPHD / SLOPHD. Parents will complete a health screening survey for their child prior to departure for camp. Students, adult participants, and staff will participate in a verbal screening each morning, prior to leaving the cabin. Staff includes: supervisors, naturalists, cafeteria workers, caretakers, bus drivers, or any other camp employee that may have contact with student or other staff.

1. Do you or your child live with anyone or have you or your child had close contact with anyone with a prolonged cough, fever or chills, flu-like symptoms or been diagnosed with COVID-19 within the last 14 days?
2. Do you or your child live with anyone or do you or your child have a fever, cough and/or shortness of breath? For children and adults, fever is 100.4 degrees or above using a forehead thermometer.
3. Do you or your child live with anyone or do you or your child have any other signs of communicable illness such as a cold, flu, rash, fatigue, body aches, or inflammation?
4. Do you or your child live with anyone or have you or your child experienced diarrhea or vomiting (within the past 24 hours)?
5. Have you or your child been exposed to or experienced fatigue, muscle or body aches, headaches, loss of taste or smell, sore throat, congestion, or runny nose?

Prior to departing for camp, those with identified symptoms, including a fever of 100.4 or higher, will be excluded from participating.

Once at camp, daily health and safety checks (health screening questionnaire) are conducted by cabin chaperone to student and chaperone to self. Chaperones who find students with symptoms will report the symptoms to the school staff at camp. Daily temperature checks are conducted by the camp or school staff. Temperature checks will be taken prior to departure from the school site on day 1 and before students pick up breakfast each day. Camp staff will self-monitor their own temperatures.

Students, adult participants, and staff are monitored for signs of illness throughout the day including:

- Unable to participate in routine activities or need more care than staff can provide
- Fever, difficulty breathing, uncontrolled coughing, unusually tired, etc.

If a student, adult participant, or staff member is exhibiting any of the above symptoms, they will be physically separated from the group and will be required to wear a mask until they are picked-up. Isolation rooms are identified at each camp site. Only one suspected positive person per isolation room at a time. A staff member attending to the person in isolation must wear appropriate PPE (N95, gown, gloves, and face shield).

The isolation room will be sanitized according to established procedures. Parents / guardians are required to and must agree to pick up their child without delay if they are exhibiting these symptoms.

## USING MULTIPLE PREVENTION STRATEGIES

**Mask Use:** When people who are not fully vaccinated wear a mask correctly, they protect others as well as themselves. Consistent and correct mask use by people who are not fully vaccinated is especially important indoors and in crowded settings, when physical distancing cannot be maintained.

Participants who are not fully vaccinated and [those who might need extra precautions](#), are encouraged to wear a mask consistently and correctly:

- **Indoors.** When children are present, everyone, regardless of vaccination status, is required to wear a mask indoors in a youth setting, except when sleeping or eating.
- **Outdoors.** In general, people do not need to wear masks when outdoors. However, particularly in areas of [substantial to high transmission](#), people who are not fully vaccinated are encouraged to wear a mask in crowded outdoor settings or during activities that involve sustained close contact with other people who are not fully vaccinated.

Camps with universal mask policies, regardless of vaccination status, should make exceptions for the following categories of people:

- A person with a disability who cannot wear a mask, or cannot safely wear a mask, because of a disability as defined by the [Americans with Disabilities Act](#) external icon (42 U.S.C. 12101 et seq.).
- A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by the relevant workplace safety guidelines or federal regulations.

Campers and staff can use well-fitting [cloth masks](#) with two or more layers of tightly woven, breathable fabric, or [disposable masks](#).

- Teach and reinforce [consistent and correct](#) use of masks. Staff and campers should wear masks over the nose and mouth, especially when physical distancing is difficult. Camp administrators should provide information to staff and campers on [proper use, removal, and washing of masks](#).
- Staff and campers should store masks properly and for reusable masks, wash them regularly to keep them clean. Staff and campers should have more than one mask on hand each day so they can easily replace a used mask with a clean one. Camps might consider having a supply of extra masks on hand. Encourage all individuals to [remove masks correctly](#) and wash hands with soap and water or use hand sanitizer containing at least 60% alcohol after touching or removing a mask. Store

masks somewhere safe to keep them clean, such as in a pocket or backpack. When reusing a mask after a break, keep the same side facing out.

Masks should not be worn when doing outdoor activities that could get masks wet. A wet mask can make it difficult to breathe and might not work as intended. Additionally, masks should not be worn when sleeping.

### **Stable group Structure:**

Students will be separated into cabin groups and larger hike groups (formed by a stable combination of multiple cabin groups) to form a stable cohort which will be maintained while at camp. Cabin groups will lodge together and eat together, while hike groups will participate in camp activities together. The same group of students and chaperones are in the same cabin and hike groups throughout their stay. Students should not change from one group to another, unless needed for the student's overall safety and well-being. Each group will remain in assigned areas and not mix with other groups during instructional, nutritional, and recreational times. Chaperones should also remain solely with one cabin group and hike group, if feasible. Social distancing with a minimum of six feet should be implemented where feasible and staff must follow cleaning/disinfecting protocols between each session with students.

For this guidance a "household cohort" means campers and staff who are staying together in a cabin, yurt, or similar defined space. Household cohort members do not need to wear masks or physically distance when they are together without non-household cohort members nearby. When different household cohorts are using shared indoor or outdoor spaces together during the day or night, continue to monitor and enforce [mask use](#), [physical distancing](#), and [healthy hygiene](#) behaviors for everyone.

### **Hygiene Practices:**

All camp staff and participants will follow sanitation and hygiene practices described in detail in the CDC's guidance: [Stop the Spread of Germs](#). Camp staff and students will follow a hand-washing schedule to include: at arrival, before and after meals or snack time, before and after recreational time, after going to the restroom, and at regular intervals throughout the day.

### **Physical Distancing:**

- During transport: Everyone must wear a mask and vehicles must have at least two windows open. School districts will determine how students are loaded and unloaded on busses. Districts will also provide guidance on seat spacing. Regarding seat assignments, students and chaperones will sit in clusters with the cabin groups they will use at camp. Due to the residential setting of camp, cabin groups can be compared to households which would allow for seat sharing.

- During mealtime: While eating, students and chaperones will be seated by cabin groups.
- In lodging facilities: Students will alternate head positions with neighbors and bunkmates to maintain 6 feet of distance. Mattresses will be marked to indicate appropriate head placement.

### **Contact Tracing:**

“COVID Coordinators” have been identified at each camp. This designee leads contact tracing efforts as directed by the San Luis Obispo health department. The Kern County Superintendent of Schools will contact the school administration to share information regarding potential exposures.

Regardless of vaccination status, any employee showing symptoms of COVID-19 such as fever or chills, cough (not due to a chronic or known condition), shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, headache, congestion/runny nose, nausea/vomiting, or diarrhea, must notify their supervisor immediately.

The KCSOS COVID coordinator will reach out to the camp staff and discuss the following:

- What symptoms the individual is experiencing
- The date the individual started exhibiting symptoms
- If the individual has had any known exposure to an individual who tested positive, and if so, the date that exposure occurred
- The need for the individual (or parent) to follow up with their doctor, and to call back when they receive guidance and direction from a medical professional

For cases where an individual tests positive for COVID-19 they must notify their school administrator immediately. The principal will notify Camp KEEP of any positive cases. The KCSOS COVID coordinator will notify KCPHD or SLOPHD of a positive diagnosis.

The KCSOS COVID coordinator contact will reach out to the school principal and explain the following:

- That a student or adult participant has been identified as someone who might have been exposed to an individual who tested positive for COVID.
- That they will need to quarantine at home for 10 days from the date of exposure, whether the test comes out negative or not.

If a student is sent home with symptoms, camp staff will encourage the parents (via school staff) to have the student tested. If tested and diagnosed with COVID, Kern

County Superintendent of School administrators will work with the district administrator to contact parents of other students, chaperons, and staff that may have been exposed. The following will be explained:

- That they have been identified as someone who might have been exposed to an individual who tested positive for COVID.
- That based on that potential exposure, they will need to leave camp.
- The district will then provide directives to the parents regarding the students return to school.

### **Staff Training and Parent Education:**

Staff (including substitutes) will receive training on safety protocols prior to students returning to camps in the 2021-22. Student training will take place each week on the first day of camp. Training topics included:

- Frequent hand washing
- Cough and sneeze etiquette
- Keeping hands away from face
- Use of face coverings
- Physical distancing guidelines
- Daily screening for symptoms and reporting guidelines

Parents will receive a letter regarding protocols put in place to protect our students and staff.

### **Use of Essential Protective Equipment:**

All staff will be trained to implement best practices in the use of Essential Protective Equipment (EPE), including, but not limited to wearing a face covering at all times and wearing gloves when using disinfectant cleaner to clean surfaces and high touch areas. In accordance with [CDPH guidelines](#), face coverings must be worn by staff, students, and adult participants when indoors. See [CDPH guidelines](#) for exceptions to wearing face coverings. Face shields may be used as a supplement, but not an alternative, to masks. Anyone who is incapacitated or otherwise unable to remove the cloth face covering without assistance will not be required to wear a mask. Each camp participant will be directed to bring 10 masks to camp. Each school site will bring masks in case replacements are needed or students are without. Each camp will have a supply of disposable face coverings for anyone who is unable to provide their own. Staff, students, and adult participants will receive training on the proper way to wear a mask. Persons exempt from wearing a face covering due to a medical condition must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, if their condition permits. Students and adult participants will

be excluded from campus if they are not exempt from wearing a face covering under CDPH guidelines and refuse to wear one provided by the school. All staff are provided with face coverings and other appropriate PPE for their job function.

Employees and Managers will follow the current [Cal/OSHA emergency temporary standards on COVID-19 infection prevention](#).

### REVIEW SAFETY PROTOCOLS FOR STAFF AND STUDENTS AT A HIGHER RISK

COVID-19 vaccines protect people with weakened immune systems, including those who take immunosuppressive medications. Camp administrators should advise staff and parents/caregivers/guardians of campers with weakened immune systems of the importance of talking to their health care providers to discuss their activities and extra precautions they may need to take to prevent COVID 19.

### MODIFIED CAMP ACTIVITIES TO PROMOTE LOWER-RISK ACTIVITIES

Camp KEEP's normal agenda naturally lends itself to outdoor activities. While at camp, participants only find themselves inside during mealtimes, during hygiene times, and while sleeping. The majority of the time awake is outdoors.

### TRAVELING TO AND FROM CAMP

School districts will determine how students are loaded and unloaded on busses. Districts will also provide guidance on seat spacing. Regarding seat assignments, students and chaperones will sit in clusters with the cabin groups they will use at camp. Due to the residential setting of camp, cabin groups can be compared to households which would allow for seat sharing.

### CLEANING FACILITIES AND EQUIPMENT

Staff will be trained on proper use of cleaning and disinfecting products. Staff will wear gloves for all tasks in the cleaning process.

- **Directions on the label** will be followed to ensure safe and effective use of the cleaning or disinfectant product. The label will include safety information and application instructions.
- Increase the introduction of outdoor air: windows and doors will be open when rooms are occupied and when weather conditions allow, to increase outdoor air

flow. Do not open windows and doors if doing so poses a safety or health risk (e.g., risk of falling, triggering asthma symptoms) to occupants in the building. Even a slightly open window can introduce beneficial outdoor air.

## PROPER USE OF PERSONAL PROTECTIVE EQUIPMENT

Campers and staff can use well-fitting [cloth masks](#) with two or more layers of tightly woven, breathable fabric, or [disposable masks](#).

Camp staff will teach and reinforce [consistent and correct](#) use of masks. Staff and campers should wear masks over the nose and mouth, especially when physical distancing is difficult. **Masks should:**

- Completely cover the nose **and** mouth
- Fit snugly against the sides of the face and not have any gaps
- Be handled [only by the ear loops, cords](#), or head straps (not by the surface of the mask)
- Staff and campers should have more than one mask on hand each day so they can easily replace a used mask with a clean one.
- All will be encouraged to [remove masks correctly](#) and wash hands with soap and water or use hand sanitizer containing at least 60% alcohol after touching or removing a mask.
- Students will have personal hooks for masks in their cabins. Clean masks can also be stored in luggage. During meals, mask should be kept in a pocket.
- When reusing a mask after a break, keep the same side facing out.

## POLICIES AND PRACTICES FOR STAFF WHEN THEY ARE SICK, EXPOSED, OR CARING FOR THOSE WHO ARE SICK

If a camp employee was onsite at any point starting with two days before symptoms developed, or two days before being tested if asymptomatic, through the time they were removed from the worksite, the KCSOS HR contact will assist the COVID coordinator in contact tracing. Contact tracing will be conducted by trained members of the COVID Response Team in accordance with state and local health department guidelines.

Any employee showing symptoms of COVID-19 such as fever or chills, cough (not due to a chronic or known condition), shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, headache, congestion/runny nose, nausea/vomiting, or diarrhea, must notify their supervisor immediately.

The HR contact will reach out to the impacted employee and discuss the following:

- What symptoms the employee is experiencing
- The date the employee started exhibiting symptoms
- If the employee has had any known exposure to an individual who tested positive, and if so, the date that exposure occurred
- The last day the employee was onsite
- The requirement for the employee to remain offsite until cleared to return through Human Resources
- Whether the employee will continue to work remotely, or if they will access leave
- The need for the employee to follow up with their doctor, and to call back when they receive guidance and direction from a medical professional

For cases where an employee tests positive for COVID-19 the impacted employee must notify their supervisor, or the Human Resources contact immediately.

HR contact will ask the Supervisor the following:

- Contact information for the employee
- Last day the employee was onsite
- Location of the employee's worksite
- Schedule of the employee

The HR contact will reach out to any KCSOS employees identified and explain the following:

- That they have been identified as someone who might have been exposed to an individual who tested positive for COVID.
- That based on that potential exposure, they will need to leave the worksite immediately, and remain offsite until cleared through Human Resources.
- That they will be contacted by HR and will be scheduled to undergo testing 5-7 days past the exposure date.
- That they will need to quarantine for 10 days from the date of exposure, whether the test comes out negative or not.
- Determine whether they have the ability to work remotely (based on job classification) during the quarantine period.

- Ensure they know who to contact right away if they develop any symptoms.
- Please know the identity of the infected employee or other identifying information cannot be revealed, alluded to, or confirmed by the Human Resources Department, even if explicitly asked by a contact (i.e., the person asks, “Who exposed me to COVID-19??”).

If the employees with potential exposure tests negative, they are deemed to be free of active COVID-19 at the time of testing. However, the employees will continue to quarantine for 10 days post exposure.

### **PRACTICES FOR FLEXIBILITY IF STUDENTS HAVE SYMPTOMS BEFORE ARRIVING TO CAMP**

If students experience symptoms, or if they answer yes to questions during the screening interview, they will not be able to attend camp. Students in this category will have access to a virtual camp experience through distance learning with the support of a staff member at their school.

### **MANAGING SUSPECT OR CONFIRMED CASES**

*If any staff or students are found to have been exposed, the HR Contact will notify the Kern County Public Health Department or SLO County Public Health Department of the positive case and submit the COVID-19 Case Report Form, and include the contact tracing excel spreadsheet.*

The COVID Response Team designee will send out notification to school site staff and parents to disclose there has been a positive test onsite, and whether any other individuals have been identified as having been exposed.

The HR contact will reach out to the impacted employee to discuss the following:

- The date the possible exposure occurred
- The date the individual first showed symptoms, or if asymptomatic, the date they tested
- The circumstances around the exposure (were they within 6 feet for longer than 15 minutes (at one time, or cumulative over 24-hours), in an enclosed space for longer than an hour without PPE, does the individual live in the same house)?
- Last day they were onsite, and what location they work in
- The employee is not required to undergo testing, but they need to remain offsite until cleared to return through Human Resources

- If the employee is found to have had close contact with someone who tested positive, they will need to quarantine for 10 days from the last date of contact.
- If the employee lives in the same house with someone that tests positive, they will need to quarantine for 10 days from the time the individual is no longer contagious. (At least 10 days from the start of symptoms, symptom improvements, and at least 24 hours fever free without medication)
- Whether the employee will continue to work remotely, or if they will access leave
- The need for the employee to follow up with their doctor, and to call back when they receive guidance and direction from a medical professional
- The need for the employee to call back immediately if they start to develop symptoms

The COVID Response Team designee (via the school staff) will reach out to the parents/guardians of any KEEP students identified as having potential exposure and explain the following:

- *Their child* has been identified as someone who might have been exposed to an individual who tested positive for COVID
- Based on their possible exposure, they will need to be picked up from the school site (if onsite), and remain offsite for 10 days from the date of exposure
- Testing is encouraged, but a negative test will not shorten the 10-day quarantine period
- Ensure they know you to contact right away if their child develops any symptoms as that might change their return to school site date
- Provide them any information and resource they need for distance learning

## PLANNING FOR AN OUTBREAK

Maintaining health and safety is the first priority at Camp KEEP. If staff, students, or chaperones display symptoms, contacting tracing will be conducted. If unvaccinated staff, students, or chaperones are identified to have been in close contact with the symptoms (15 minutes at less than 6 feet in a 24-hour period), they will be housed in the isolation room until family or a school official pick the individual up from camp. Should it be necessary to close the camp due to an outbreak, the camp will coordinate with the district/s to transport participants home. Multiple busses will be used and passengers will be assigned to busses based on those displaying symptom and those without symptoms.

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