



Office of Mary C. Barlow  
Kern County Superintendent of Schools  
*Advocates for Children*

## **KEEP Packing List**

### **COVID-19 Safety Items:**

Required: Pre-Trip Health Screening Form (turn in the morning of departure)

Required: 10 masks (2/day). Masks must be 2-ply close-fitting fabric or surgical masks.

Bandanas or neck gaiters are not allowed. Contact your school for assistance if needed.

Required: Refillable water bottle

Optional: Face shield (to be worn with mask, not instead of)

Optional: Hand sanitizer, small bottle

### **Luggage:**

Duffel bag preferred. Maximum size of bag is 9" x 14" x 22" = 45".

### **Essential Items:**

1 warm (to 40°) sleeping bag & pillow

1 pair pajamas

2 pairs of shoes (tennis shoes or hiking boots;  
no sandals, snow boots, or "Uggs")

6 pairs of long socks (no ankle socks)

4 pairs of pants or sweats (no shorts) Ripped  
or "distressed" jeans with holes in them are  
not recommended, they allow access for  
ticks and poison oak.

1 warm jacket (for very cold nights)

2 sweat shirts/hoodies

5 shirts

7 pairs of underwear

1 sun hat

1 warm hat/beanie

1 bag for dirty clothes

1 reusable water bottle

1 flashlight

1 toilet kit to include:

- comb/brush

- bath towel/wash cloth

- shampoo/conditioner

- toothbrush/toothpaste

- chapstick

- soap

- deodorant

- Kleenex

### **Rainy Forecast:**

Poncho or raincoat and extra dry shirts, pants, socks and shoes to change into.

### **Optional Items:**

Backpack, binoculars, sun glasses, camera, flip-flops (for shower), and earplugs (if you are a light sleeper).

### **Souvenirs:**

Place your order for KEEP Merchandise before your visit. Turn in exact change and completed order form to your teacher. See [www.campkeep.org](http://www.campkeep.org) for merchandise information.

### **Please do not bring:**

Money, cell phones, shorts, scary books, pocket knives, electronic games, music players, matches or lighters, blow dryers, make-up, anything scented (hair spray, lotion, perfume), candy, gum, extra food or any other item that is not allowed at school.

New clothes are impossible to keep clean at camp. Please bring only those clothes and shoes that you are comfortable getting muddy. We can guarantee they will! Labeling clothes with student's name is recommended.