Camp KEEP Health Preparation for Families

Recommended best practices before Camp KEEP:

- Center for Disease Control (CDC) recommends vaccination for all adults and students over the age of 12.
- CDC recommends parents obtain a negative COVID-19 test for their children, 3-5 days before overnight camps.
- CDC recommends “Camp Quarantine” for 10 days prior to camp:
  - Avoid crowds.
  - Refrain from travel.
  - Only go to essential locations, such as school.

4 weeks before Camp KEEP:

- Turn in all KEEP forms to school
  - Registration Form
    - Parent/Guardian signature required.
    - Attach a copy of health insurance card, if applicable.
    - Attach a copy of vaccine card, if applicable.
  - Emergency Pickup Form
    - Check that all emergency contact numbers are current.
    - Inform emergency contacts of plans to attend KEEP.
    - Parent/Guardian signature required.
  - Student Medication Form (needed for all over the counter and prescription meds)
    - Parent/Guardian signature required for each medication.
    - Doctor signature required for each medication.
  - Physician Authorization Form (not needed for all students)
    - Only for students with specific medical/behavioral needs (including: EpiPen, diabetes, restrictive diet, injections, catherization, ambulatory limitations, extra supervision, etc.).
    - Parent/Guardian signature required.
    - Doctor signature required.
    - Shadow signature required.

10 days before Camp KEEP:

- Begin Camp KEEP Pre-Travel Health Screening Form.
- Read Packing List & begin organizing gear.
- Get 10 double-layered masks (2/day).

1 week before Camp KEEP:

- Continue Camp KEEP Pre-Travel Health Screening Form.
- Check your child for lice and rashes. Treat if needed.
- Turn-in student medications to school.

Departure day for Camp KEEP (before boarding bus):

- Participate in COVID-19 screening by school staff.
  - Turn in Camp KEEP Pre-Travel Health Screening Form.
  - Parents/guardians and participants answer wellness questions.
  - Participants have temperature check.
  - Participants have a supply of 2 masks/day.