



Kern Environmental Education Program

A PROGRAM ADMINISTERED BY THE OFFICE OF JOHN G. MENDIBURU, Ed.D., KERN COUNTY SUPERINTENDENT OF SCHOOLS

KEEP Packing List

REMEMBER to turn these in to your student's teacher on your morning of departure:

- ☐ Pre-Trip Health Screening Form
- ☐ All prescription and over-the-counter medications along with their required paperwork.

Luggage: Pack light and remember that duffel bags fit best in our cabins.

Essential Items: Clothes are impossible to keep clean at camp. Please bring only school-appropriate clothing and shoes that you can get dirty, because they will! Label clothes with your name and borrow items you don't own.

- ☐ 5 shirts *
- ☐ 4 pants or sweats *
- ☐ 2 sweatshirts/hoodies
- ☐ 1 warm jacket (for evenings outdoors)
- ☐ 2 pajama sets
- ☐ 7 pairs of underwear
- ☐ 7 pairs of long socks *
- ☐ 1 sun hat & 1 warm beanie
- ☐ 2 pairs of closed-toe shoes for hiking (tennis shoes with tread are okay)
- ☐ 1 bag for dirty clothes
- ☐ 40° or warmer sleeping bag (preferred) or set of twin sheets & warm blankets
- ☐ 1 pillow

- ☐ 1 reusable water bottle
- ☐ 1 toiletry kit with:
 - comb/brush
 - bath towel
 - shampoo/conditioner
 - toothbrush/toothpaste
 - lip balm
 - soap/deodorant (non-aerosol)

Optional Items: Backpack, camera, binoculars, sunglasses, flip flops/Crocs (for showers only), flashlight, earplugs, and eye masks for sleeping.

** Ticks and poison oak are a common and natural part of the ecosystem at camp. We don't recommend pants with holes, crop tops, or ankle socks as they allow access for both. For these reasons, shorts are never allowed for adults or students.*

Check the Forecast!

Rainy? Bring a poncho/raincoat and extra dry shirts, pants, socks and shoes to change into.

Cold? Bring additional warm layers, gloves and a blanket.

NOT Allowed at Camp:

- Money
- Scary books
- Make-up
- Food, candy, gum or drinks
- Scented items – including hair spray, lotion, body spray, etc.
- Electronics – including mobile phones, game & music players, smart devices, and hair dryers
- Any items that are not allowed at school – including pocket knives, matches, and lighters
- First aid kits (KEEP provides first aid)
- Snow boots, Uggs, or other smooth-soled shoes

Souvenirs: Souvenirs are not sold at camp. Place your order for KEEP Merchandise with your school before your visit. See www.campkeep.org.